AUTUMN/WINTER 2023/24

WEEK COMMENCING

September 18, October 9, October 30, November 20, December 11, January 1, January 22, February 12



Vegetarian meals are available upon request



Margherita pizza pommes noisette vegetable sticks

Gluten Milk Soya



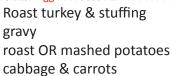
Spaghetti Bolognese garlic bread crunchy vegetables

Gluten Milk Soya Fish



Southern style Quornburger in a bun jacket wedges carrot sticks & ranch salad

.Gluten. Egg Milk Sesame.



Gluten



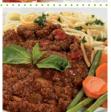
MSC fish cake diced potatoes garden peas & crunchy veg tomato ketchup

Gluten Fish





Mixed berry mousse & apple wedge OR Fruit



Cornflake tart & custard OR Fruit

Milk Gluten Sulphur Dioxide



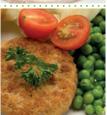
Fruit flapjack **OR** Fruit

Gluten



Cheese & crackers OR Fruit

Gluten Milk



Apple muffin OR Fruit

Gluten Egg













ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals

AUTUMN/WINTER 2023/24



WEEK COMMENCING

September 4, September 25, October 16, November 6, November 27, December 18, January 8, January 29





Vegetarian meals are available upon request

Quorn dippers roast baby potatoes sweetcorn cucumber sticks

Gluten

Nottinghamshire sausage gravy, Yorkshire pudding mashed potato broccoli & carrots

Egg Gluten Milk Sulphur Dioxide

Cheesy tomato pasta garlic bread carrot & cucumber sticks

Gluten Milk Soya

Roast pork, stuffing & gravy Yorkshire pudding roast OR mashed potato cabbage & fresh carrots

Milk Egg Gluten

MSC fish finger wrap Pommes noisette crunchy veg & sweetcorn tomato ketchup

Gluten Milk Fish

MAIN MEAL



Chocolate sponge & chocolate sauce OR Fruit

Milk Egg Gluten



Jelly & fruit OR Fruit

Bakewell tart & custard OR Fruit

Egg Gluten Sulphur Dioxide Milk



Honey & oatmeal cookie OR
Fruit

Gluten



Strawberry ice-cream tub
OR
Fruit

Milk













ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals

AUTUMN/WINTER 2023/24

WEEK (3)

WEEK COMMENCING

September 11, October 2, October 23, November 13 December 4, December 25, January 15, February 5







Vegetarian meals are available upon request

Vegan roll & gravy baby roast potatoes garden peas fresh carrots

Gluten

Meatballs in tomato sauce with pitta bread Tilda rice Crunchy vegetables

Gluten Egg Milk Soya

Pasta Neapolitan garlic bread sweetcorn cobette

Milk Gluten Soya

Roast Gammon & gravy Yorkshire pudding roast OR mashed potatoes carrots & broccoli

Milk Egg Gluten

MSC breaded fish portion oven chips garden peas & sweetcorn tomato ketchup

Gluten Fish

MAIN MEAL



Chocolate brownie OR Fruit

Gluten



Fruit yoghurt **OR** Fruit

Milk



Honey cake & custard OR Fruit

Milk Egg Gluten



Fruit cookie
OR
Fruit

Gluten



Butterscotch tart
OR
Fruit

Milk Gluten

DESSERT











ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served.

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